



LBK Community Newsletter



"Everyone must take time to sit and watch the leaves turn." ~ Elizabeth Lawrence

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Public Health Fellow Looking Forward: A Personal Note

When I accepted this fellow position, I was excited, and not for the reasons you may think. I come from a low-income background, and like some individuals from an impoverished upbringing, I developed an "us vs. them" mentality. For me, working for the city was my chance to "infiltrate" municipal spaces. I was excited because I **thought** I was going to be **the one** to represent the common person, the underserved people like me. However, when I started, I soon learned I was late to the party (and yes, my ego is still recovering). You were all already here, motivated, and contributing to our community in ways, I could not even fathom. As I listened in meetings and had conversations with some of you at our events, I

recognized a common theme among these conversations: the desire for connection and an eagerness to help those in need. Witnessing the efforts within LBK Community has changed my perspective of Lubbock for the better, and I have all of you to thank.

Now, with that said, we still have many great things to accomplish together. We know that Seydia's last day is September 1st. LBK Community is not one person; in fact, it is all of us. Moreover, no one can deny that Seydia has been the "face" of this initiative, and though we have all grown accustomed to her contagious positive energy and we will miss her, we must keep pushing forward. Until further notice, I will be handling some of the coordinating duties for LBK Community. I know I am the "new kid," and many of you do not know me very well, but I assure you, I am working hard because I believe in this initiative and you; and I know there is potential for something bigger to come from our efforts. I still have much to learn, so I humbly ask for your grace as I find my place within the LBK Community. I am looking forward to meeting all of you, and if you see me at an event, feel free to say hello (I am not as mean as I look lol). I look forward to working with you and seeing you at our next networking session!

Best,
Ariea Alexander

LBK Community at a Glance

PRF Completed/ON-BOARDED

- 211/SPAG
- Broadway Church of Christ
- Buckner Family Hope Center
- Children's Hope/Grace Manor
- Citibus
- East Lubbock Residents Owned Business Initiative
- Early Learning Centers of Lubbock (ELC)
- Health Department: SUSAN
- Hub City Outreach Center (HCOC)
- Literacy Lubbock
- Love the Hub
- Lubbock Area United Way
- Lubbock Boys and Girls Club
- Lubbock County Detention Center
- Lubbock Impact
- Methodist Children's Home (MCH)
- Parenting Cottage
- South Plains Food Bank
- Stages of Recovery
- StarCare
- University Medical Center (UMC)
- YWCA

ENGAGED

- Caprock Home Health Services (CHHS)
- Catholic Charities
- Community Health Center of Lubbock (CHCL)
- Family Guidance and Outreach
- First Lubbock
- Parkridge Pregnancy Medical Clinic
- Ranch at Dove Tree
- Volunteer Center of Lubbock

HOPEFULS

- For Her
- American Red Cross

Alexander the Great!



Ariea Alexander

Public Health Fellow/Program Liaison
City of Lubbock Public Health Department

Favorite Quote:
"It always seems impossible until it's done."
~ Nelson Mandela

CONGRATULATIONS!

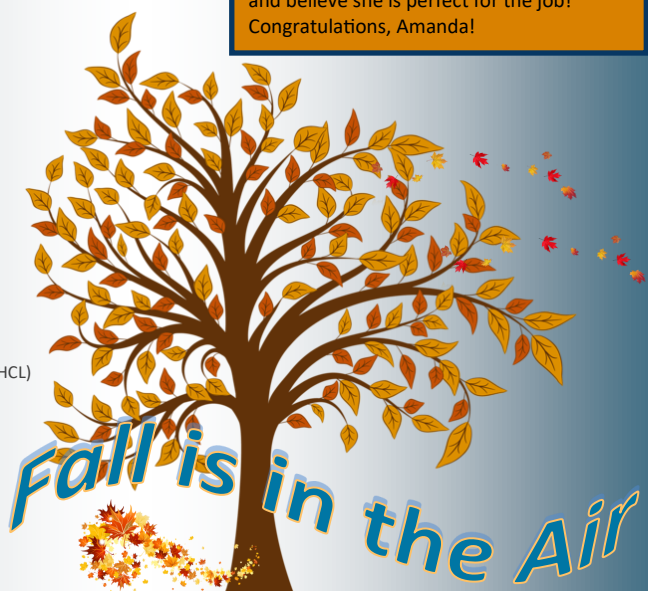


Amanda McAfee

President, CEO
Lubbock Area
United Way

LBK Community
Advisory Council
Member

Amanda was named the new President and CEO of non-profit, Lubbock Area United Way. We are extremely happy for her and believe she is perfect for the job! Congratulations, Amanda!



PARTNER SPOTLIGHT

NEW LBK Community Partners!



Love the Hub

Love the Hub is a non-profit agency focused on assisting families with temporary crisis needs like **utility payment assistance, rental assistance, and/or emergency food needs**. Their Team meets once a week to review applications for assistance. At this time, they are only able to assist **20 applicants per week**. You can call **Love the Hub** at **806-404-4966**, or you can fill out an application at lovethehub.org and select the tab that says "I need help." (**NOTE: they can assist with Atmos bills, but you will need to inquire first, to see if they have funds**).

Methodist Children's Home (MCH)

MCH Family Outreach in Lubbock offers family preservation services through its community services program. Services are designed to help meet the needs of families with one or more children between the ages of 0 to 17. Whether it is illness, conflict, school difficulties, or parenting challenges, families facing these situations can turn to the professional caring staff at MCH Family Outreach in Lubbock. The primary goal of MCH Family Outreach is to strengthen families to help them provide a safe, stable and healthy family environment. We believe families are the strength of our communities and the natural place to help children develop to their fullest potential. We want to partner with families to build safe and healthy children and communities. If you would like to learn more, please call **806-792-099**. (Retrieved from MCH website 8/08/23).

StarCare

The mission of StarCare Specialty Health System (StarCare) is to provide access to a diverse array of specialty healthcare services that support and empower people as valued members of the community. StarCare is the state-designated Mental Health and IDD (Intellectual and Developmental Disabilities) Authority for the West Texas counties of Cochran, Crosby, Hockley, Lubbock, and Lynn, serving over 6,500 individuals annually. StarCare services include aging services, IDD services, Mobile Crisis Outreach Team (MCOT), crisis services, a 23-hour Extended Observation Unit (EOU), Sunrise Canyon Hospital (SRCH) for inpatient mental health treatment, an outpatient clinic, youth services, OSAR (Outreach, Screening, Assessment, and Referral), Medication Assisted Treatment, the VetStar veterans' program, and much more.

Our Vision: We imagine a community where all people have hope and the opportunity to achieve their full potential for health and wellbeing. Learn more at starcarelubbock.org

COMMUNITY FRIENDS

Because utility needs have increased, here are some community agencies that provide assistance:

Upbring

They serve the emergency needs of a diverse population that includes single mothers, elderly and disabled (on fixed incomes at poverty level or below), the homeless and marginally homeless, and persons who are in a temporary financial crisis. Call **806-589-1907** for **Utility payment assistance**. (Retrieved from Upbring website 12/5/22).

Catholic Charities: Direct Client Assistance (Utilities)

They are currently limiting the number of applications they accept each week, so that they can continue to respond in a timely manner to those they do receive. If the form has reached it's maximum number for the week, it will reopen the following Monday by 9am. Please contact them with any questions you have at info@cclubbock.org. (Retrieved from Catholic Charities website 12/5/22).

Lubbock County General Assistance

Rent: Our agency assists with payment for the current month's rent. The landlord must verbally agree to accept amounts offered by this office. We do not assist with deposits or pay any amount in arrears. Additional amounts are provided if rent includes utility services.

Utilities: Payment on utility bills will be for the current month only. We do not assist with deposits. The utility services must be connected. Our agency does not pay telephone bills.

Food: Before a client can apply for an emergency grocery order, he or she must provide proof from the Food Stamp office showing why they are not eligible for emergency food stamps. Our office cannot assist a client with emergency grocery orders more than once every six months.

JOB OPPORTUNITIES

StarCare

TAKE THE LEAP AND APPLY TO BE A DIFFERENCE-MAKER TODAY!

StarCare Specialty Health System offers great benefits, flexible work schedules, and an environment where hope and health work hand in hand.

Here are just a few of our career opportunities.

- Program of All Inclusive Care for the Elderly (PACE) Social Services Director
 - Local Intellectual and Developmental Disability Authority (LIDDA) Service Coordinator
 - Licensed Chemical Dependency Counselors
 - Outreach, Screening, Assessment & Referral OSAR Case Manager
 - Hospital Administrator
 - Mental Health Specialist
 - Child and Adolescent Case Manager
- TO SEE JOB LISTINGS VISIT STARCARECAREERS.ORG

ECHO West Texas

Database Administrator. Will be responsible for implementing, managing the operation & development of a community-wide database & HMIS. ECHO's mission: to connect communities & providers to coordinate resources for people facing or experiencing homelessness. If you have questions or are interested in applying please send a cover letter & resume to echowtx@gmail.com If you would like to see additional information about ECHO WT, WWW.ECHOWTX.ORG

Lubbock Area United Way

Finance Director. There is much to learn about this amazing opportunity! It is more than numbers and connected to a great cause. Learn the details [HERE](#)

Goodwill Industries Lubbock

Loss Prevention Coordinator. Do you enjoy working with people and helping them achieve their best? Goodwill is looking for someone to support their retail stores! Please visit [HERE](#) to get the details!





QUICK REMINDERS

LBK Community Networking Session *(for partners and friends)*

Date: September 15, 2023

Time: 11:00 am—11:30 am **Guest Presenting Agency:** Catholic Charities, Terri Rodriguez

Location: via Zoom

A link has been sent. Please let **Ariae Alexander** know if you would like the link to be sent to you. Her email address: AriaeAlexander@mylubbock.us Hope you will be able to attend!

Unite Us *(for partners and friends)*

Join the **Unite Us** team to learn about new health equity requirements and lessons learned from innovative experiences that can help you improve your strategy ahead.

Topic: How Addressing Social Needs Will Transform Healthcare

Date & Time: September 12th at 12:00 p.m. EST Click [HERE](#) to Register. We hope to see you there!

PARTNER & COMMUNITY ANNOUNCEMENTS

Texas Women in Business: Not On Our Watch (NOWTX) *(Awareness Campaign)*

FREE Event for the community including lunch! [September 6th @Cactus Theater, 11:30 a.m.—1:30 p.m.](#) Want to learn how to protect the young from online abuse, exploitation & sextortion? Please plan to attend! **AND** on [September 7th](#), a live stream event, 2:00 p.m.—4:00 p.m. from Austin: [VIMEO.COM/EVENT/3613197](https://vimeo.com/event/3613197)

Find out more at notonourwatchtx.com

THHS: Office of Disability Prevention for Children

Webinar: Fetal Alcohol Syndrome Disorders—Impacts, Prevention and Support Strategies. Thursday, [September 7th @10:00 am—11:00 am.](#) To register please click [HERE](#)

City of Lubbock: Garden & Arts Center

53rd Annual Garden & Arts Center Fall Festival. [September 9th, 9:00 am—5:00 pm @ 4215 University Ave.](#)

Scavenger Hunt, crafts, arts, entertainment & food trucks. **FREE Admission**, open to the public. For more information: WWW.LUBBOCKGAC.ORG or GAC@MYLUBBOCK.US or 806-767-3724

Catholic Charities

Parenting Workshop. [September 9th, 12:00 pm—1:30 pm @ Catholic Charities, 102 Avenue J.](#) For more information, family@cclubbock.org

Buckner Family Hope Center

Back to School Carnival. [September 8th, 6:00 p.m.—8:00 p.m. @ Buckner FHC, 1510 S. Loop 289.](#) RSVP to Cora Box, cbox@buckner.org or 806-639-9903. Games, Prizes, Food, Corn Hole Tournament, Face Painting!

Grandparents Day Lunch. [September 11th, 11:30 a.m. — 1:00 p.m. @ Buckner FHC.](#) Contact Cora Box to RSVP: cbox@buckner.org or 806-639-9903. Registration Link is [HERE](#)

Teen Life Skills. [September 12th—October 31st @ Buckner FHC.](#) For 9th—12th grade. Come learn skills that will help you thrive as you move into adulthood. For more information, ACapps@buckner.org

Panorama Middle School Group. [September 14—November 16,](#) A 10 week program to teach you how to thrive in your day to day life. @Buckner FHC, Thursdays @6:30 p.m.

Children's Home of Lubbock

Children's Home Fall Festival. [September 23rd, 10:00 am—2:00 pm @ 4404 Idalou Road.](#) Parade, fun activities for the youth, silent auction, and more!

By Jessica Garrett

Fall Sip & Shop

[September 23rd, 11:00 am—4:00 pm @ the YWCA, 6501 University Avenue.](#) **FREE Admission** and open to the public. 75+ vendors, 8+ food trucks. Events for kids

NAMI Lubbock

Walk with Us to Prevent Suicide. [Saturday, September 23rd @ National Ranching Heritage Center.](#) Check In: 6:00pm, Walk Start Time: 7:00pm. REGISTER TODAY! @ www.afsp.org/lubbock They are still looking for vendors. Please click [HERE](#) if you would like to be a vendor

Hispanic Heritage Month *(Sept 15—Oct 15)*

We encourage you to look for fun and festive events celebrating the Hispanic culture! [Mexican Independence Day](#) is [September 16th](#) *(a day celebrating Mexico's declaration of independence from Spain in 1810)*

SAVE THE DATE

Buckner Family Hope Center

Book Reading Party. [October 9th, 1:30 p.m. @Buckner FHC, 1510 S. Loop 289.](#) Join us for a reading of "Room on the Broom" followed by a snack and craft time

Trunk or Treat Festival. [October 28th, 4:00 p.m.—7:00 p.m. @Buckner FHC.](#) Contact Cora Box for questions or for more information: cbox@buckner.org or 806-639-9903

Lubbock Public Health Department: Behavioral Health—PRC

Source to Solution Conference. Registration is now open! [October 25th at the Lubbock Memorial Civic Center.](#) Please visit the website <https://www.prcone.org/source-to-solution> to register & for more information

Note to Our Community Friends

We have officially started to engage new agencies who would like to learn more about or join the LBK Community and [Unite Texas](#) networks! Please click [HERE](#) to schedule a visit. We are standing by!

We thank you so much for your interest in and support of LBK Community! We know not everyone will join the LBK network; yet, we would still like to remain connected. We hope the LBK newsletter, networking sessions, and occasional email blasts are helpful, informative and honors our desire to build lasting, meaningful relationship and connection with you :-)

To Learn more about LBK Community, please click [HERE](#) (check out the new & improved page for LBK Community!)

