



LBK Community Newsletter

"You can do it." ~ Rob Schneider from The WaterBoy

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The Intermediary Care Clinic Will Open In August!

Greetings, LBK Community Partners and Friends! Welcome to August, the hottest month of the year, and the end of summer break. I am just amazed by how quickly this year is flying by. It almost seems criminal that 2024 is almost over! Although we have been making the best out of 2024, developing new opportunities to best serve our community. Speaking of new opportunities, I have an update regarding the Intermediary Care Clinic (ICC). The grand opening of the ICC is scheduled for **August 12th!** As we gear up for the launch of the ICC, it is crucial that we maximize the utilization of the LBK Community Platform

to ensure we connect our clients to your much-needed resources!

Your role as an LBK Community partner is crucial in making the ICC successful. I urge each of you to explore the LBK Community Platform and make the most of its features. By doing so, we can streamline our operations and enhance care coordination for our residents, making a significant difference in the success of the ICC.

Additionally, if there is a need for further support, I am available to help develop workflows and optimize our use of the platform. Please feel free to reach out to me if you have any questions or require assistance in this regard.

Thank you all for your dedication and commitment to our community. Together, we can make the Intermediary Care Clinic a valuable resource for our residents. Let's continue working together to ensure the success of the ICC and the well-being of those we serve. If you have any questions or need further assistance, you know where to find me.

Best,

~ **Ariea Alexander, Public Health Program Liaison**

LBK Community Walk

Attention LBK Community Partners and Friends!!

The LBK Community Walk is next month! That's right, it's time to rally up family, co-workers, and friends and **WALK WITH US!**

What is LBK Community Walk?

LBK Community Walk is a 4-week walking program where participants are encouraged to form groups of no more than 10 participants and 'walk' to Palo Duro Canyon.

Groups are challenged to complete 28 miles (as a group) at the end of each week. By the end of the four-week challenges, the group would have collectively completed 112 miles, the same distance it takes to get to Palo Duro Canyon!

To celebrate the completion of the program, Lubbock Public Health and Parks and Rec. will host a celebratory walk and resource/ health fair.

LBK Community Mini Walks

Throughout the four-week walking program, our community partners and friends will organize mini-walks to assist participants in reaching their mileage goals. The mini-walks offer an excellent chance to gather at a central location, walk together, engage with other participants, and gain insight into the hosting organization. Refer to the event schedule provided below.



LBK COMMUNITY WALKING CHALLENGE
Hike to Palo Duro Canyon State Park

Looking to take your fitness to the next level or searching for a fun family activity to enjoy in September? Join our LBK Community Walking Challenge, come to our weekly walks in the park, log your miles, and virtually walk to Palo Duro Canyon State Park! Find all the details at www.playlubbock.com.

Week 1	September 11 th -7 th	Sponsored walk by City of Lubbock Libraries Mahon Library September 6 6:00 PM
Week 2	September 8 th -14 th	Sponsored walk by United Way United Way September 13 9:30 AM
Week 3	September 15 th -21 st	Sponsored walk by Stages of Recovery Highdortham Park September 21 9:00 AM
Week 4	September 22 nd -27 th	Sponsored walk by City of Lubbock Public Health Riddle Park September 25 6:00 PM
<p>Celebratory Walk and Community Health Fair September 28th Mae Simmons Park and Community Center</p>		

LBK Community Walk

Health and Resource Fair

During the celebratory walk, we will host a health and resource fair. Our LBK Community partners and friends will distribute educational materials to participants. An amazing 21 organizations will participate in the resource fair! Although registration to participate in the resource fair has closed, your organization can still form a team and join the celebratory walk!

Incentive Alert

LBK Community Walk participants will earn two extra miles for their group if they participate in the Walk With Us to Prevent Suicide walk! Support a great cause and get some extra miles. Sign up today!



LBK Community Walk Details

- ◇Start Date: September 1st
- ◇Celebratory Walk: September, 28th @10am -1pm
- ◇Resource Fair: September, 28th @11am – 1pm
- ◇Location: Mae Simmons Center, 2004 Oak Ave, 79404



Lubbock Public Health Updates

On July 8th, we relocated to our new address at 2015 50th St. Throughout July, we focused on settling in our new workspace, transitioning to a new EMR system, adjusting our workflows, and navigating around construction crews as they completed the final tasks in our new building. These changes have led to an adjustment to some of our projects. First and foremost, I want to express my gratitude to everyone for their support. At Lubbock Public Health, we are dedicated to providing high-quality programs for our residents and fostering strong relationships with our community partners.

We are excited about our upcoming opening and events; and we appreciate everyone's support as we continue to expand our programs and services. With your help, we are confident that we can achieve great things for the community. Thank you for standing by us as we embark on this new chapter. Please see updates and events below.

Intermediary Care Clinic (ICC)

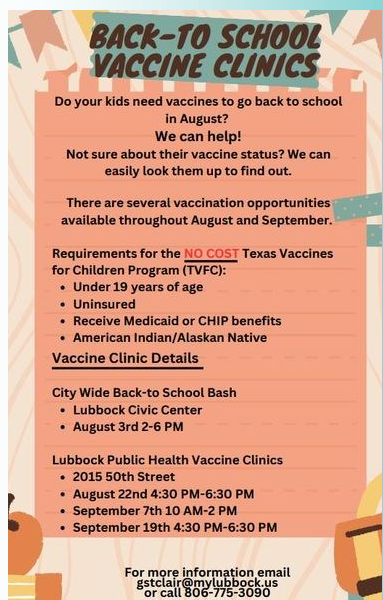
The ICC is scheduled to open on August 12th. Clinic hours are 8 am to 11 pm on Mondays and 8 am to 5 pm on Thursdays.

HIV Clinic

The HIV clinic will resume on August 12th, with clinic hours from 12 pm to 5 pm on Mondays.

Lubbock Public Health

New facility ribbon cutting ceremony, August 16 at 10 am. At the new Lubbock Public Health building 2015 50st.



Back To School Events

WHO IS READY FOR THE NEW SCHOOL SEASON??? I know I am! Many of us eagerly anticipate the start of the new school year. After a long summer break, we look forward to returning to the school routine and having some structure in our lives. It's not just about having some extra time to ourselves but also about seeing our kids return to learning and socializing with their friends.

In early August, many back-to-school events take place in our community. These are fantastic opportunities for parents and kiddos to get excited about the upcoming school year and start on the right foot. Please see the events below and share to everyone you know!

DUNBAR College Preparatory Academy

Open House— Aug 8th from 5pm– 6:30 at 2010 E 26st, Lubbock, Texas

- *Backpacks and Hygrine kits will be distributed
- *Registration with Community Health Center of Lubbock for back- to- school shots
- *And More!

INAUGURAL CITY-WIDE BACK-SCHOOL BASH
SATURDAY, AUG. 3 | 2:00 - 6:00 PM
LUBBOCK MEMORIAL CIVIC CENTER

WHAT TO EXPECT
 IMMUNIZATIONS ★ FOOD VENDORS ★ FUN GAMES ★ SCHOOL SUPPLIES
 BACKPACKS ★ COMMUNITY RESOURCES ★ HAIRCUTS ★ AND MORE!
EVERYTHING IS FREE!!!

GET A FREE CITIBUS PASS TO ATTEND THE EVENT!
 SIGN-UP FOR THE LUBBOCK PUBLIC LIBRARY SUMMER READING PROGRAM AND RECEIVE A FREE CITIBUS PASS- GOOD UNTIL AUGUST 12TH!

CHILDREN MUST BE PRESENT TO RECEIVE A BACKPACK!

NATIONAL NIGHT OUT
TUESDAY, AUGUST 6, 2024
4:30PM-8:30PM

BRING YOUR BLANKETS & CHAIRS

ENJOY AN EVENING FILLED WITH FOOD, MUSIC, COMMUNITY RESOURCES & GAMES

FREE FAMILY FRIENDLY EVENT

GET TO KNOW YOUR NEIGHBOR & COMMUNITY • PATTERSON BRANCH LIBRARY

1836 Parkway Dr | 806.767.3300

MIM BACK SCHOOL BASH
 MORE THAN MUSIC ENT PRESENTS
2024 BACK SCHOOL BASH
AUG 3 | SATURDAY
4 PM - 8 PM
6402 E. 19TH ST
FREE FOOD LIVE MUSIC
WATER BALLONS, JUMPERS, SUPPLIES FOR THE KIDS
***FIRST COME FIRST SERVE**

BACK TO SCHOOL BASH
 at West Texas Clinic of Chiropractic

Join us on **AUGUST 3RD**

School Supplies Giveaways (Limited Supply), Vendors, Music & FUN!!!

More Info: **10AM-3pm** NEW PATIENT SPECIALS & SIGN UPS!!!!

EVERYONE IS WELCOME!!! BRING THE FAMILY OUT!!!

NIGHT OUT 2024
 POLICE - COMMUNITY PARTNERSHIPS **FREE**

TUESDAY, AUG. 6, 2024
Rodgers Park, 3200 Amherst
7 PM

Movie in the Park - Live Music - Hot Dogs
 - Backpack & School Supply Giveaway (while supplies last)

Now Showing: **United Way**, **Wellpoint**, **Lubbock**, **SOUTH AND FORDMAN**

Cavazos Middle School
SAVE THE DATE
Thursday, August 8th
Open House

6th Grade Parent Meeting: 12:00
 6th Grade Cavalier Camp: 1:00-2:00
 7th Grade: 3:30-4:30
 8th Grade: 4:30-5:30
 7th & 8th Grade Parent Meeting: 4:30

BACK TO SCHOOL BASH
ANITA CARMONA-HARRISON ELEMENTARY SCHOOL
BACK 2 SCHOOL BASH
AUGUST 12, 2024
5:30-7:00 P.M.

RAFFLE ITEMS: **FOOD TRUCKS**

RENDEZVOUS HAIR STUDIO
 Is having a **BACK SCHOOL Haircut Drive**

SUNDAY AUGUST 11 12-2 **FREE KIDS CUTS**

RENDZVOUS HAIR STUDIO 1102 SLIDE RD UNIT 31
JUMPER FREE HOT DOGS, SNOW CONES AND COTTON CANDY!!! PLUS VENDORS

Back 2 School Bash Free
FREE HAIRCUTS, BACKPACKS, SUPPLIES, FOOD GAMES
MAHON PARK
AUG 10TH 2024 FROM 9AM - 1PM
DROP-OFF LOCATION:

SDOH VS HRSN

Do You Know The Difference?

It's time to unpack the difference between Social Drivers of Health (**SDOH**) and Health Related Social Needs (**HRSN**).

While related, and often used interchangeably, there is an important distinction to be made between the two...

SDOH are the conditions in which people are born, grow, live, work, and age that impact health outcomes, such as socioeconomic status, education access, neighborhood/physical environment, and more.

HRSN are the immediate needs that affect people's ability to maintain their health and well-being, such as housing stability, food insecurity, access to reliable transportation, and more.

Here's an example to help illustrate the difference:

SDOH = Individual lives in a neighborhood classified as a food desert.
 The intervention = Building a grocery store in that neighborhood.

HRSN = Individual has low food security.
 The intervention = Enrolling that person in a food delivery program.

~ This message is brought to you by: **UNITE US**

Community Engagements

United Way
Lubbock Area United Way

SAVE THESE DATES IN 2024

ANNUAL CAMPAIGN KICKOFF August 27 11:30 AM - 1:00 PM Lubbock Memorial Civic Center	IMPACT LUNCHEON October 17 11:30 AM - 1:00 PM Lubbock Memorial Civic Center	CAMPAIGN CELEBRATION December 3 11:30 - 1:00 PM Lubbock Memorial Civic Center
LIVE UNITED GOLF TOURNAMENT September 16 Morning & Afternoon Flights Hillcrest Golf & Country Club	UNITED WE READ October 24 10:00 AM Lubbock County Schools	ANNUAL MEETING & VOLUNTEER RECOGNITION January 30, 2025 11:30 - 1:00 PM Lubbock Memorial Civic Center

15th Annual IVAMOS PESCAR!
Presented by Hermanos Familia

LET'S GO FISHING!
Lubbock, TX Fishing Race

Sat, August 3, 2024 | 6 am - 2pm | Buddy Holly Lake

Pre-Register Online at www.letsstofishinglubbock.com

COMPUTER BASICS
Lubbock Public Library

TUESDAY, AUGUST 6 | 6:00 - 6:30 PM

LEARN THE BASICS OF HOW TO WORK A LAPTOP!
AGES 18+
GROVES BRANCH LIBRARY
5520 19TH ST. | 806.775.3723

Larry Combust Community Health Super Summer Community Health Fair

Date & Time: August 10 from 10am-1pm
Location: Larry Combust Health and Wellness Center, 301 40th St.

Health Fair Mission

Provide children and families community awareness related to health, community resources, and safety.

BACK TO SCHOOL GIVEAWAY
AT
ESSENTIAL HOME HEALTH & Absolute Home Medical

2501 Baylor St

AUGUST 10, 2024 | 10AM - 2PM

FREE BACK PACKS FIRST COME FIRST SERVE

CovenantHealth Medical Group

JOIN US AT COVENANT MEDICAL GROUP'S 3RD ANNUAL

Back-to-school BASH

Saturday, August 3 | 10 a.m. to 2 p.m.

Covenant Northwest Clinic
611 N. Frankford Ave.
Lubbock, TX 79416

covmedgroup.org

About our Northwest Clinic

Located at 611 North Frankford Avenue, on the corner of North Frankford and Ernie Road, our 24,000-square-foot family health and urgent care clinic provides comprehensive services to families in northwest Lubbock and the surrounding areas.

All Covenant Primary Care Northwest, we offer:

- Family medicine
- Pediatrics
- Primary care
- Urgent care
- Advanced imaging
- Lab services on-site

We accept walk-ins seven days a week, Monday-Friday: 8 a.m. to 7 p.m. Saturday: 8 a.m. to 5 p.m. Sunday: Noon to 5 p.m.

Covenant Northwest Clinic
611 N. Frankford Ave., Lubbock, TX 79416
806-725-5480

Join us for a fun and adventure-filled day, including your

One-Stop Shop

for children's back-to-school health needs!

- Catch up on state-required immunizations
 - Private insurance, Medicaid or self-pay (\$8 per vaccine)
 - Please bring vaccination records
- Get your sports physicals (Just \$35)
- Eat lunch at several food trucks (extra cost)
- Enjoy fun and educational activities for all, including:
 - Exploring first responder vehicles
 - Face painting and balloon animals
 - Obstacle courses and safety exercises
 - Various games, contests and prizes
 - Children's nutrition, including heart-healthy options
 - Dental tips and tricks
- And much more!

covmedgroup.org **CovenantHealth Medical Group**

You're invited to a **FirstCare BABY SHOWER**

Join us for a virtual baby shower

- Our gift to you! A diaper bag and other items for mom and baby.
- Learn important information to keep you and baby healthy.

Wednesday, AUGUST 14, 2024
Time: 10:00 AM Location: ONLINE

Register to attend by pointing the camera on your smartphone at the QR code. Tap the banner that appears. Click "Register" to complete the registration form; then you will receive a login link through email.

You can also qualify for two \$20 Gift Cards if you:

- Attend a FirstCare Baby Shower
- Have timely prenatal and postpartum visits while you are a FirstCare member

Please join us for a Member Advisory Group discussion around 11:00 am following the Baby Shower.
Questions? 1-800-431-7798

TEXAS HEALTH SERVICES **TEXAS STAR** **FirstCare HEALTH PLANS**

ENSURE your children are BUCKLED UP correctly!

FREE CAR SEAT & BOOSTER SEAT INSPECTIONS

THURSDAY AUGUST 15, 2024 | 3PM - 5PM
PATTERSON BRANCH LIBRARY | 1836 PARKWAY DRIVE | LUBBOCK, TX

Don't forget to bring your child & know their weight & height. A limited number of replacement car seats will be available.

QUESTIONS? CALL AgriLife Extension Services Passenger Safety & KidSafe initiatives at 254-492-8010

Save a Life

Save The Date

ADDITION, PREVENTION AND RECOVERY SYNDROME

SOURCE TO SOLUTION
A JOURNEY OF RECOVERY

NOVEMBER 13, 2024 LUBBOCK, TEXAS

SAVE THE DATE

Wednesday, November 13, 2024
Lubbock Memorial Civic Center
More information: PublicHealth@mylubbock.us

LBK Community Networking Session

Organization: **Lubbock Legal Aid Society**

Where: **Lubbock Legal Aid Society, 916 Main St. Suite 103**

Date/ Time: **October 24th @ 1:30 - 2:30pm**

RSVP info will be released at a later date.

Lunch will **NOT** be provided

Job & Volunteer Opportunities

Become a Poll Worker Today!

Apply with one of the following staffing agencies!

ITSQuest Professional Staffing Solutions

4505 82nd St, Suite 3
Lubbock, TX 79424
806-785-9100

Onin Staffing

4611 50th St, #A
Lubbock, TX 79414
806-686-3855

KT Black Services

#18 Briercroft Office Park
Lubbock, TX 79412
806-535-7038

Lubbock Public Health

- *CHW Transitional Care Clinic
- *Substance Use Prevention Coalition Coordinator
- *Substance Use Treatment Coordinator

Go to <https://www.governmentjobs.com/careers/lubbock> to learn more!

StarCare

TAKE THE LEAP AND APPLY TO BE A DIFFERENCE-MAKER TODAY!

StarCare Specialty Health System offers great benefits, flexible work schedules, and an environment where hope and health work hand in hand.

Visit STARCARECAREERS.ORG to see job listings.

Texas Ramp Project

Texas Ramp Project is looking for volunteers to help build free wheelchair ramps in our region. We have some upcoming builds on our Facebook page and post all our build on: Lubbock Texas Ramp Project. We have over 70 requests in our region and need more volunteers to be able to serve our community. For more information, contact **Sara Schaefer** at **806-319-0259** or **sara-jolynne@gmail.com**

