



LBK Community Newsletter

3

"Start where you are. Use what you have. Do what you can." ~ Arthur Ashe

In this issue:

- LBK Turns 3
- Leadership Changes/PH Fellow Introduction
- Partner Spotlight
- Quick Reminders
- Announcements
- Job Opportunities
- SAVE THE DATE!
- NOTE to Friends

LBK Community Celebrates THREE Years & More!

Three years ago on June 3, 2020, **LBK Community** finally launched after a pandemic thwarted an initial plan to liftoff in March. The health department, unable to devote time and energy to network expansion, benefitted greatly by the selfless efforts from LBK partner, University Medical Center (UMC), specifically their Social Services department, who stepped up to continue community engagement and recruitment with our then program administrator, Signify Health. Based on their efforts, they managed a soft kick-off with 16 individuals representing 12 agencies in October 2020. We are grateful for UMC's Social Services leadership and staff who made calls, sent email, and scheduled warm handoffs when the time came for the health department to carry the baton again. LBK Community launched with 11 foundational partners in 2020. It grew to 15 in 2021, on-boarding four

additional partners with UMC's help. Furthermore, after COVID response did not require all-hands-on-deck at the health department, we added 16 more partners in 2022! The last three years have not been an easy road to travel for anyone.

Looking back, I realize we could not have come through the storm without each other. In addition to seeing our city come together in myriad ways to meet needs, we also came together. We could not have come this far without our partners, their efforts, advocacy, resiliency, and support. For instance, many of our partners like UMC advocated, vouched for, and shared the news of LBK Community when and wherever they could. We also witnessed partners come together for creative collaborations and solutions for needs like Dental and Kinship care. We love it! And hope good fruit like this will continue to grow as we move toward good things together. For all of this, we - **Katherine Wells**, Director of Lubbock Public Health and **Madeline Geeslin**, Health Promotion Manager, both LBK visionaries, the **Advisory Council**, and myself - are forever grateful for and appreciative of you. We extend a heartfelt, *"Thank you,"* and offer a sincere and enthusiastic, *"Happy 3rd Anniversary LBK Community!"* Let's keep this going!

P.S. **LBK Community** finally has a page on the city website! If you would like to learn more about LBK Community and our amazing new technology, [Unite Us](#), please look us up! We are happy to reach out to you! **NOTE:** *Our webpage is still under construction, and hope to add more info soon! Stay tuned!*

P.P.S. We are brainstorming something fun in honor of LBK's 3rd anniversary and more! We look forward to sharing the details with you! Please stand by!

~ Seydia Adkins

"Whatever good things we build end up building us." ~ Jim Rohn

LEADERSHIP CHANGES

Thank you, Monica & Denise ♥

LBK Community Advisory Council Members

BID A FOND FAREWELL



Foundational Council Member

~ **Monica Garcia**
Unit Manager, Navigation Programs
Larry Combest Community Health & Wellness Center



~ **Denise Rudd**
Chief Community Impact Officer, South Plains Food Bank

HELP ME WELCOME



~ **Amanda McAfee (MAK-UH-FEE)**
Vice President of Community Impact for Lubbock Area United Way

Amanda has a Bachelor's in Social Work from Abilene Christian University and a Master's in Leadership from Denver Seminary. Her varied experiences, include serving as a Peace Corps volunteer in rural South Africa, which fueled her passion for helping communities thrive through collaboration and partnership. Since Amanda moved home to Lubbock in 2012, she has been actively involved in the community. She is grateful to use her talents and experience to help local organizations be the best they can be and to ensure Lubbock continues to build on its reputation of being a great place to live and raise a family.



~ **Rachel Jones**
Assistant Director of Social Services at UMC Hospital

My name is Rachel Jones and I am the Assistant Director of Social Services at UMC Hospital. I have a Bachelor's Degree in Psychology and a Master's Degree in Clinical Social Work. I am a Certified Mediator and also received my Service Coordinator Certification thru Ohio State University. I have been at UMC since March of 2019 and became the Assistant Director in August of 2019. My husband, Cody, and I have three amazing kids - Cade, Rylee, and Cy. We also have three pet turtles- Frankie, Reginald, and Ernest (don't ask, the kids named them :-). In my free time I enjoy being outdoors, reading, and spending time with my friends and family. I am excited and honored to be a part of the LBK Advisory Council and look forward to pitching in and helping grow this great resource platform!



Public Health Fellow



Hello everyone, my name is **Ariea (A-Ree) Alexander** (I also go by Nicole), and I am the new Public Health Fellow for the Lubbock Health Department. I am from Lubbock and recently graduated from Texas Tech in May with a Bachelor's in Counseling and Addiction Recovery Sciences with a concentration in Applied Relational Counseling. I have a passion for health promotion and communication, specifically improving education in mental and sexual health for our youth. I am also an advocate for pragmatism in drug policy and hope to one day create a policy that helps mitigate the harms associated with drug use in Texas. I am a proud mother of an incredible nine-year-old boy. We usually spend our weekends fishing, flying kites, and looking for any opportunity to explore and go on an adventure. I am very honored and grateful to have the opportunity to work with you all, and I look forward to working with and learning from you!

Please help me welcome Ariea to the Team! She will be helping primarily with LBK Community, with opportunities to engage other health department programs during her year-long fellowship!

PARTNER SPOTLIGHT

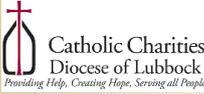
It's summer! This means many of our families may need extra support like: day care, summer day camps/activities, food, parenting education and/or counseling. Below is a list of some of our partner agencies who help meet these needs and more!



Boys & Girls Clubs nurture young people's self-esteem by instilling in them a sense of belonging, usefulness, influence and competence. Clubs do this daily by providing young people with one-on-one relationships with caring adult professionals and fun, age-appropriate, well-rounded programming. We help them with their homework each day and provide a nutritional meal for them every day after school. For more information, please call [806-792-2880](tel:806-792-2880) (*additional information about Summer Programs 2023 bottom of page*)



At **Buckner's Family Hope Center**, our programs seek to engage through family assistance and community events; equip families through education, financial empowerment, child and youth development and spiritual development; elevate families through family coaching, counseling and spiritual enrichment. To learn more about this ministry, please call [806-799-0990](tel:806-799-0990)



Many **kinship families** think they have to figure things out on their own, but the Kinship program at **Catholic Charities** is here to help with support and resources. For more information, please call [806-765-8475](tel:806-765-8475). (*more on p. 3, Summer 2023 camps/activities*)



At **Children's Hope**, we work in conjunction with foster families to rebuild trust within each child. By demonstrating Christ-like love and acceptance, the foster families offer unconditional love, respect, and value for each child. Children's Hope staff are committed to supporting, training, and equipping families with the necessary tools to make a difference in the life of a child. For more information: <https://childrenhp.org/>



Early Learning Centers offers an educational, hands on program to help all children grow and develop in their own unique way. Children will leave the Early Learning Centers Kindergarten ready. Early Learning Centers also provides a nutritional program through the Child and Adult Food Program (CACFP). We provide breakfast, lunch and snack to the children each day. We also provide baby formula, baby bottles and baby food at no additional cost. For more information, please call [806-765-9981](tel:806-765-9981)



FCS provides individual, family, marriage, and group counseling services. You can choose your price point based on what you can afford. LPC's are \$60 per session, LPCA's are \$20 per session, and the Master's Level Interns are free. All counselors set their own appointments. To request an appointment, click on the SIGN UP TAB on-line or email fcs.intakes@gmail.com



FGOC offers parenting, wellness, life skills, and anger management classes free of charge. This is how we reach parents, grandparents, foster parents, daycare workers, and so many more. We want to give you the tools you need to feel educated and empowered.

FGOC also provides free outreach programs to each local elementary, middle, and high school, as well as surrounding area schools. These programs deal with topics like anger, bullying, self-esteem, goal setting, and much more. If you would like more information, please call: [806-747-5577](tel:806-747-5577)



The **Guadalupe-Parkway Sommerville Centers** provide multiple opportunities for children to grow and learn. Instruction in computers, literacy, competitive sports and fine arts are offered. Enrichment classes provide opportunities for children to develop self-presentation, character, confidence, leadership and discipline. For more information, please call [806-763-3963](tel:806-763-3963)



Hub City Outreach Center's eclectic team is comprised of compassionate individuals that each come from diverse backgrounds and vast areas of expertise. Our organization applies a holistic approach on prevention efforts. We treat everyone equally while respecting the unique qualities they possess. Together, we aim to help youth understand their own personal value and guide them towards a bright and successful future through Prevention Services. Programs include: Substance Abuse Prevention, Wellness Presentations for youth and adults, and LeadHERship League Mentoring. For more information: Team@hubcityoutreachcenter.org or call [806-701-1687](tel:806-701-1687)



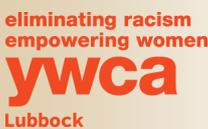
Literacy Lubbock prides itself on helping where the need is greatest. To that end, we've made numerous programs designed to promote literacy from the tiniest of tots to the back-to-school adult. For Tiny Tots program questions, please call [806-775-3636](tel:806-775-3636) (*UPDATE: the Tiny Tots program is not active at this time*)



The **Parenting Cottage** helps parents learn to be their child's first & most important "teacher" through play and interactions. Parenting education in many different areas also helps parents appreciate many of the joys of parenting while also learning how to handle even the most challenging areas of parenting. All services are provided at NO COST to families choosing to participate. For more information on the individual programs available at the Parenting Cottage, click on the Programs tab or call: [806-795-7552](tel:806-795-7552) (*more on p. 3*)



South Plains Food Bank: The Summer Food Service Program (SFSP) provides nutritious meals to children during vacation periods that are similar to those offered under the National School Lunch and School Breakfast Programs (NSLP) during the school year. Meals are provided to children 18 years of age or under, and to individuals over 18 who have been determined by the State to be mentally or physically disabled and who participate in a public or nonprofit school program established for the disabled. **Begins May 31st.** <https://www.spfb.org/childrens-feeding/> For more information, please call [806-763-3003](tel:806-763-3003) or kidscafe@spfb.org



The **YWCA** summer camp program plays a critical role in assuring that young people have a safe and fun environment to spend the day while parents are at work. By staying actively engaged through the summer, children return to school in the fall ready to learn. Summer Camp will run from late May to early August. Summer Camp hours are Monday-Friday from 7:30am - 6:00 pm. For more information: <https://www.ywcalubbock.org/summer-camp/> (*additional information below*)



- John Wilson & Talkington Boys & Girls Clubs**
- \$50 deposit to hold spots for 10 week summer program
 - \$100 per week per child, 6-12 years
 - Meals, snack, field trips, swim days and much more included!
- Ted Phea and Optimist Boys & Girls Clubs**
- \$50 per month, 6-18 years
 - \$125 for entire 10 week summer program
 - Field trips/swim days small fee
 - Meals and afternoon snack included!

CONTACT INFORMATION
 Ted Phea Club:
 * Jasmine Robinson 806-763-0204
 Optimist Club:
 * Dorshema McPherson 806-762-4490
 Talkington Club:
 * Vernon Madden 806-500-2377
 John Wilson Club:
 * Hannah Lindsey 806-792-2889



FREE Summer Camp for CYD students who live or attend school in the following zip-codes: 79403, 79404, 79412, and 79415. Ages 7-17.

- Transportation Schedule TBA
- Scheduled programming daily!

CONTACT: cyd@ywcalubbock.org OR call [806-776-9716](tel:806-776-9716) for more information

QUICK REMINDERS

LBK Community Meetings w/ Unite Us (*partners only*)

Unite Us Info Sessions. If you were unable to sign up for an Engagement Session in April, and would like to register for an Info Session, please do! Sessions will follow the same format as the Engagement Session: introductions, technology information and brief demo. It can be a refresher for you or an introduction! A link for the following sessions has been sent. You can click on the link that best fits your schedule to register. (*Please let me know if I need to send the link to you*)

1st Session: June 13th @10:00am (virtual, link has been sent), hosted by Nikki Kuhn, Unite Us

2nd Session: June 20th @1:30pm (virtual, link has been sent), hosted by Nikki Kuhn, Unite Us

LBK Community Networking Session (*for partners and friends*)

Date/Time: **July 13, 2023 @ 11:00am via Zoom** (A Zoom link will be sent soon!)

Guest presenter: Jennifer Riley

Agency: YWCA. *We hope you will be able to join us!*

Unite Texas PLATFORM TIPS

"Tips to Maximizing the Unite Us Platform"

Here are the first two (2) key steps to making a successful transition from 'implementation' to 'utilizing' the platform tools:

1. Get STARTED! There's no better way to maximize the platform than [logging in and using it](#).
2. Familiarize yourself with the platform! [Check out the initial training sessions below](#). Get with Nikki Kuhn, Unite Us CEM, Nikki.kuhn@uniteus.com or your Unite Us CSM, Nicole Sylvas, nicole.sylvas@uniteus.com for help to register on [Unite Us Learn](#):
 Getting Started with Unite Us (60 minutes) - offered 2x weekly
 Connecting Clients to Services (45 minutes) - offered 2x monthly
 Referral and Case Management (45 minutes) - offered 2x monthly

PARTNER & COMMUNITY ANNOUNCEMENTS

Lubbock First Responders

Burgers and Badges. **June 1st, 5:30p-8:30p, @Clapp Park.** FREE burgers, chips and drinks for first 1000 people! Bounce house, games, and music! Time for community to meet local first responders and share a meal!

YWCA Covenant Summer Kick-Off Health Fair: **June 3rd from 10:00a-1:00p @YWCA**, 6501 University Ave. The purpose is to kick-off summer fun by bringing together important community resources families may need over the summer months. Share the news with your families! It is a free event intended to start summer on a fun and helpful note!

Children's Home of Lubbock

33rd Annual Floyd Stumbo Memorial Golf Tournament on **June 5, 2023.** Hillcrest Golf & Country Club, 4011 N Boston Avenue. To sponsor or reserve a Team, please contact Luke Mason: lrmason@childshome.org or call 806-762-0481 ext. 206

Foster Care Unit. Need new car seats, about 15-20. If you can or would like to help with this need, please bring to 4404 Idalou Road, Lubbock, 79403. For more information, contact Ashley Cross at across@childshome.org or call 806-762-0481 ext. 252. For info on types of car seats and quantity needed for each, click [HERE](#)

City of Lubbock Garden & Arts Center

Clay and Photo Classes. **June 5th-July 21st.** Weekly, Monday-Friday, 1:00-4:00. Registration forms & payment must be made at least ONE WEEK PRIOR to the class in order to secure a spot. For ages 10yrs-17yrs. To learn more and/or to register, please visit: <https://ci.lubbock.tx.us/departments/garden-arts-center>

Love the Hub

Beat the Heat event on **Thursday, June 22nd from 10am-2pm.** Love the Hub is partnering with TXU Energy to help Lubbock neighbors stay cool during the summer heat. They anticipate being able to give away 250 fans and 50 window ac units. For more details, please click [HERE](#)

Empower Her Steps Conference: **June 24th 9:00am-1:00pm @ YWCA**, 6501 University

Calling all vendors! **Registration is now open!** 100 seats available. To register: <https://www.eventbrite.com/e/empower-her-steps-conference-tickets-607699183617> For more information, please contact Angelina Mojica @ 806-407-7656 or email: angelinamojica.cfe@gmail.com

City of Lubbock Parks and Recreation

NO CAMPS this summer. CLASSES & PROGRAMS ONLY at **all** city Community Centers. [Pirates & Mermaids Activity @Hodges Community Center](#) on June 24th, 10:00a-12:00p. For more information about activities planned at each Community Center, [May 2023 Guide \(lubbock.tx.us\)](#) (includes June events). All events can be found using [this search engine](#) if you would like some more information on them.

Workforce Solutions South Plains

Texas Broadband Public Survey & Resource Mapping Tool. The Texas Broadband Development Office (BDO) is preparing to administer key federal programs from the 2021 Infrastructure Investment and Jobs Act, including funds for State Planning Grants to [expand digital opportunities](#). **To better understand barriers and what is happening in regions across the state, the BDO has developed the Digital Opportunity Public Survey and the Digital Resources Mapping Tool.**

* The [Digital Opportunity Public Survey](#) enables households to share information about the barriers that prevent them from easily accessing the internet, devices and the skills training necessary to leverage their use for education, health care, economic development and access to essential services. **Feel free to share with your families and others.**

* The [Digital Resources Mapping Tool](#) is an organizational survey that will create an inventory of existing digital resources, programs and services. Please complete this survey to showcase your organization's programs and services, which in turn will help the BDO develop strategies to implement future funding for impactful programs. **Feel free to pass along to other agencies. NOTE: The survey and mapping tool will close on June 2, 2023.**

Catholic Charities

Summer Camps and R.A.I.N. Tours. For a list of [Summer Camps](#) please click on this link: [Catholic Charities SUMMER 2023.pdf](#) *LUNCH is provided for all camps!* For a list of [R.A.I.N. tour](#) dates and locations, please click on this link: [RAIN TOUR schedule](#) R.A.I.N. is an acronym for "Resources All Individuals Need." The tour includes agency's who provide various resources in the community. Agencies travel to **RURAL** towns to share their resources with them. This is a collaborative effort by South Plains Community Action and Catholic Charities Kinship Navigation Program. For more information, Margie Carrasco (806) 893-5997

City of Lubbock Public Libraries

2023 Summer Reading Program. **May 25-July 31.** FREE Summer activities for ALL ages! To learn more about the Summer Reading Program and activities, here is the [guide!](#)

Parenting Cottage

As summer approaches—we sometimes see an increase in the resources that families need. We hope our resources will be helpful for the families you serve. Please remember that all of the services at the Parenting Cottage are FREE for families participating. All of our services are provided through nationally recognized evidence based educational models and taught by degreed and certified educators. For more information, [Parenting Cottage](#) or call 806-795-7552

Methodist Children's Home (MCH) Family Outreach

Offering [Parenting Classes for Mom](#) and for families [Parenting Children with Special Needs](#). Both meetings [meet 2 times a month @5424 19th Street, Suite 500, Lubbock](#), click [HERE](#) for JUNE schedule. To sign up and register, NSalinas@mch.org

Lubbock Visitor's Guide 2023

It's summer! Sometimes living in one place for a while, we can get stuck in the same activities with family and friends. Dare to investigate **Lubbock's Visitors Guide** [HERE](#) to see if you can find NEW and FUN things to do with family and friends this summer! Make it a summer to remember! (*There are FREE activities too!*)

JOB OPPORTUNITIES

City of Lubbock Public Health Department

Epidemiologist. Please click [HERE](#) for more information and/or to apply

Children's Home of Lubbock

"We are hiring!" Open positions for **Maintenance/Grounds, PQI Coordinator, Foster Care Recruiter, House Parents (live on campus),** and/or **Emergency Shelter Childcare Worker.** If interested, please contact them! [806-762-0481](tel:806-762-0481) or email lhernandez@childshome.org. You can also visit their website: www.childshome.org/careers. **Bilingual applicants are encouraged to apply**

American Red Cross (Lubbock or Amarillo)

Executive Director. Please click [HERE](#) for more information and to apply. All interested parties are encouraged to submit an application

Lubbock Legal Aid

Looking for a **Texas Licensed Attorney** (or will be licensed in 2023). Must have thorough knowledge of Texas family law & penal code, Rules of Evidence & Civil Procedure. Ability to establish working relationships with clients and to work well with co-workers and support staff. Please email cover letter & resume to Bill Wells: bwells@lubbocklegalaids.org

Open Door

Looking for a **licensed medical professional** to join the Open Door Housing team as a **Patient Navigator**. This is a full-time, salaried position responsible for providing direct, community-based, outpatient health services and healthcare navigation to participants in Open Door Housing. We will be looking to fill the position within the next month or so and have listed it [HERE](#) through June 4th

LIFE, Inc.

LIFE is currently seeking a **Personal Assistance Service Coordinator**. This is an administrative position and not Direct Care. Deadline for applications has been extended to June 15th. Please click [HERE](#) for information about the position and to apply

SAVE THE DATE!



Lubbock Public Library

National Night Out. August 1st, 5:00p-7:00p @T.J. Patterson Library, 1836 Parkway Dr. FREE family, friendly event of food, music, and games! Bring your blankets & Chairs. Get to know your neighbors & community. For more information, please call 806-767-3300

Los Hermanos Familia

Vamos a Pescar, Let's Go Fishing! August 5th from 6:00am-2:00pm. Pre-registration is open! Please click on this link to find the pre-registration form & more: <https://www.loshermanosfamilia.org/vamos-a-pescar-let-s-go-fishing> A FREE event with fishing, food, and fun for the family! **NOTE: There is NO registration fee**

Hub City Outreach Center & Partners

City-Wide Back 2 School Bash. Friday, August 11th, 4:00pm-6:00pm @Mahon Public Library, 1306 9th Street. Donations needed: school supplies, backpacks, and hygiene items. **DONATION DROP-OFF LOCATIONS:** Hub City Outreach Center and Catholic Charities—please let them know donations are for the City-Wide Back 2 School Bash. If you are interested in being a vendor, contact Margie Carrasco mcarrasco@spcaa.org or Gracie Perez gracie@cclubbock.org **The Bash is brought to you by:** MCH Family Outreach, South Plains Community Action, Hub City Outreach Center, Saint Francis, Amerigroup, and Catholic Charities

Lubbock Public Health Department

Back-to-School Clinics!

- Saturday, July 8th from 10:00am to 2:00pm @ Monterey HS
- Saturday, August 12th from 10:00am to 2:00pm @ Estacado HS

NAMI Lubbock

Walk with Us to Prevent Suicide. Saturday, September 23, 2023 @ National Ranching Heritage Center. Check In: 6:00pm, Walk Start Time: 7:00pm. REGISTER TODAY! @ www.afsp.org/lubbock

Unite Us & Health Department

Brainstorming something FUN! Please stay tuned for more details!

NOTE TO OUR COMMUNITY FRIENDS

As of May 23rd, twelve partners are actively working with the **Unite Texas** team from **Unite Us** to complete the on-boarding process! Additionally, on May 26th we contacted a couple of agencies who said they are interested in joining **LBK Community** and using the **Unite Us** technology. We plan to reach out to others who are interested once we get them going. Good? Exciting times!

*We thank you so much for your interest in and support of **LBK Community!** We know not everyone will join the LBK network; yet, we would still like to remain connected. We hope the LBK newsletter, networking sessions, and occasional email blasts are helpful, informative and honors our desire to build lasting, meaningful relationship and connection with you :-)*

