



LBK Community Newsletter

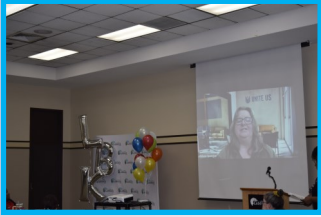
"Kindness in words creates confidence. Kindness in thinking creates profundity. Kindness in giving creates love." ~ Lao Tzu

In this Issue

- ◆ Year in Review Recap
- ◆ New Partner Spotlight
- ◆ Community Engagements
- ◆ Save the Date
- ◆ Job and Volunteer Opportunities

Year in Review Recap: LBK Community Partners and Friends Gather to Celebrate their Contributions to the LBK Community Platform in 2023!

On January 11th, 2024, 56 community leaders representing 26 agencies gathered to reflect on and celebrate their contributions to the LBK Community network. Below are the highlights of our annual Year in Review celebration.



The Unite Us team: **Brandon White, Nicole Sylvas, and Kathleen Spangler** graced us with a special message.



Katherine Wells was the guest speaker. Katherine delivered an insightful speech on Social Determinants of Health (SDoH) and how LBK Community can contribute to addressing SDoH in our community. She also talked about her plans for the intermediary care clinic.



New LBK Advisory Council Members!



(Left) **Rachel Jones, UMC**



(Left) **Amanda McAfee, United Way**



(Left) 2023 LBK Community MVP **Antrionette Lewis**



The **S.U.S.A.N Team** received the Trailblazer Award



TTU Center for Early Head Start



StarCare



The **South Plains Food Bank** received the Top Responder Award



Methodist Children's Home



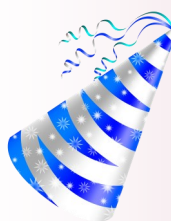
S.U.S.A.N for Families



For Her



Harmony Collective



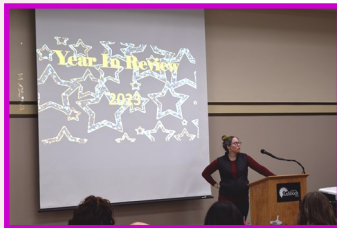
Caprock Home Health Services



Volunteer Center of Lubbock



Year in Review Recap Continued



Madeline Geeslin did an excellent job introducing Katherine Wells and Honoring Seydia. She even shared some kind words about yours truly. Thanks, Madeline.



Although Seydia couldn't attend, we honored her dedication and hard work. Thank you, Seydia, for laying the foundation allowing us to thrive.



Special Thank You To...



LUBBOCK  SYMPHONY

For Donating Awesome Door Prizes. We appreciate your support! And last but not least, Thank you to the City of Lubbock Civic Center for providing the space and catering our event. If you haven't tried the Civic Center's catering, I highly recommend it. According to Cole Watts, "The chocolate cake is as big as your head!"

Thank you to everyone who attended our Year in Review event. Your presence and support truly made it a success. I would also like to extend my heartfelt gratitude to LBK Community Friends and Partners for your unwavering support throughout the year. We couldn't have done it without you. Thank you again for your continued partnership.

New Partner Spotlight



Goodwill

Goodwill offers a range of free services including computer skills classes at Basic, Intermediate, and Advanced levels, as well as Employment Development Training opportunities and Career Enhancement Seminars. Our aim is to equip you with the necessary skills to successfully compete in today's job market.

SPARTAN Public Transportation

SPARTAN offers demand response transportation in 17 counties. Their standard level of service is curb-to-curb. However, they also provide door-to-door service upon request for seniors and individuals with disabilities. They aim to ensure everyone can reach their desired destination safely and comfortably.

Community Engagements

United Way

The South Plains Early Childhood Coalition will host more than 1,500 families with children from infant-elementary aged at the Lubbock YWCA. Booth space is free, we just ask that you have a kid friendly, and very interactive demo/activity for the kids and families to participate in while visiting your booth to help encourage parents to interact with their children. You can also give away collateral materials and information. We will also have information bags for parents at the beginning if you would like to include any information in those as well.

To sign up or for more information, please email Libby Linker at linker@unitedway-lubbock.org – Deadline to sign up is March 1.

Youth Karate
at Hodges Community Center

KARATE TOTS: 5:45PM-6:15PM AGES 3-4
KARATE KIDS: 6:15PM-7:00PM AGES 5-13

THURSDAY EVENINGS
\$15 MONTHLY

4011 University Ave | 806-767-3706
PlayLubbock.com

City of Lubbock PARKS AND RECREATION

*FREE OPEN PLAY FOR ALL AGES!

City of Lubbock PARKS AND RECREATION

HODGES CHESS CLUB

1ST SATURDAY OF THE MONTH 10AM-12PM
BEGINNING MARCH 2ND

NO EXPERIENCE NECESSARY

HODGES COMMUNITY CENTER
4011 UNIVERSITY AVE. | 806/767-3706

Lubbock Parks and Recreation

MARDI GRAS COSTUME BALL

Saturday, February 10
6:00 pm - 8:00 pm

Enjoy dancing, a costume parade, hors d'oeuvres, a craft and door prizes. Laissez les bon temps rouler!

\$18 per Adult (Ages 13+)
\$12 per Child (Ages 2-12)

Tickets can only be purchased at PlayLubbock.com or at the Hodges Community Center. Children must be accompanied by an adult for this event. Ticket Deadline is 1:00 PM February 5th, 2024.

Save The Date

Up and Coming Networking Sessions

April

Org : Lubbock Impact
Date/Time: April 11th
12:30– 1:30
In– person
Lunch will be served

August

Org: Oceans Behavioral Health Care
Date/ Time: August 13th
11:45–1:00
Lunch will be served

June

Org: Stages of Recovery
Date/ Time: June 13th
11:45-1:00
In-person
Lunch will be served

October

Org: Legal Aid Society of Lubbock
Date/ Time: TBD
In– person
Lunch: TBD

Texas Tech University System Health Policy and Public Health Think Tank is proud to present

THE 2ND ANNUAL WEST TEXAS HEALTH DISPARITIES RESEARCH SYMPOSIUM

MARCH 22-23, 2024
LUBBOCK, TX

SAVE THE DATE

LOCATION: TEXAS TECH UNIVERSITY HEALTH SCIENCES CENTER

SYMPOSIUM OBJECTIVES:

- Identify current health disparities afflicting the West Texas region across all disciplines (medicine, public health, law, etc.)
- Present primary and secondary data related to health disparities in West Texas
- Propose current or prospective interventions, strategies, or policy recommendations that address health disparities in West Texas

FOR MORE INFORMATION ABOUT THE THINK TANK, VISIT: <https://www.tsttc.edu/research/academic-affairs/think-tank/think-tank.aspx>

Job and Volunteer Opportunities

StarCare

TAKE THE LEAP AND APPLY TO BE A DIFFERENCE-MAKER TODAY!

StarCare Specialty Health System offers great benefits, flexible work schedules, and an environment where hope and health work hand in hand.

Here are just a few of our career opportunities.

[IT System Support Specialist](#)

[Financial Analyst](#)

[Director of Child & Adolescent Mental Health Services](#)

[Community Living Options Information Process \(CLOIP\) Specialist](#)

[Medication Nurse – LVN](#)

SCAN TO SEE JOB LISTINGS OR VISIT STARCARECAREERS.ORG



Texas Ramp Project

Texas Ramp Project is looking for volunteers to help build free wheelchair ramps in our region. We have some upcoming builds on our Facebook page and post all our build on: Lubbock Texas Ramp Project. We have over 70 requests in our region and need more volunteers to be able to serve our community. For more information, contact Sara Schaefer at 806-319-0259 or sarajolynne@gmail.com

