

ARE YOU READY FOR



SUMMER?



DON'T LET MOSQUITOES
RUIN YOUR FUN!



FOLLOW THE

-3 D'S-

WHEREVER THERE
ARE MOSQUITOES,
THE 3 D'S APPLY.



OF MOSQUITO PREVENTION

DRAIN STANDING
WATER.

Old tires, flowerpots, trash,
clogged rain gutters, etc. are all
mosquito breeding sites. Check
and dump them weekly to ensure
mosquitoes can't breed there.



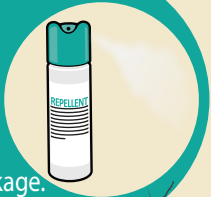
DRESS IN LONG SLEEVES
AND PANTS.

Cover as much skin in clothing
as possible to avoid mosquitoes
landing on your skin and biting
you.



DEFEND AGAINST
MOSQUITOES.

Use an EPA approved mosquito
repellent every time you go out-
side. The CDC recommends DEET,
picaridin, and IR3535. Always
follow the instructions on the package.
Apply insect repellent after sunscreen.



For more information:



HEALTH DEPARTMENT

Call us or visit [CDC.gov](https://www.cdc.gov)

806 18th Street
806.775.2933

healthdept.mylubbock.us



ABOUT MOSQUITOES



Aside from being itchy and annoying, the bite of an infected female mosquito can spread various diseases including west nile, dengue, chikungunya, and zika.

- Female mosquitoes lay several hundred eggs on the walls of water filled containers. Eggs stick to containers like glue and remain attached until they are scrubbed off. When water covers the eggs, they hatch and become adults in about a week.
- Adult mosquitoes live inside and outside your home.
- They bite any time of the day or night.
- A few infected mosquitoes can produce outbreaks in a community and put your family at risk of becoming sick.



PREVENTION

PROTECT YOURSELF,
YOUR FAMILY, AND YOUR
COMMUNITY FROM MOSQUITOES.

ELIMINATE STANDING WATER AROUND YOUR HOME.

- Once a week, empty and scrub, turn over, cover, or throw out items that hold water. Check inside and outside your home.
- Tightly cover water storage containers so that mosquitoes cannot get inside to lay eggs.
- For containers without lids, use wire mesh with holes smaller than an adult mosquito.



KILL MOSQUITOES AROUND YOUR HOME.

- For water sources you can't get rid of, use an EPA approved larvicide spray or dunk to kill mosquito larvae.
- Mosquitoes like to rest in the shade. Spray all awnings around your home, plus plants, shrubs, and grass with an EPA approved adulticide to kill them when they land.



KEEP MOSQUITOES OUT OF YOUR HOME.

- Use screens on windows and doors.
- Repair broken windows, screens, and doors.
- Use air conditioning when available.



WHERE TO FIND THEM



MOSQUITOES LAY EGGS IN STANDING WATER. EVEN A BOTTLE CAP OF WATER IS ENOUGH TO LAY EGGS.

- old tires
- flower pots
- hollowed trees/stumps
- rain gutters
- pet bowl
- leaky faucet
- down spout
- wading pools



- flat roofs
- pool covers
- bird baths
- wheel barrow
- trash cans
- trash in yard
- toys
- rain barrel

