



LBK Community Newsletter

"We keep moving forward, opening new doors, and doing new things, because we're curious and curiosity keeps leading us down new paths." ~ Walt Disney

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Upward and Onward: Updates on the Intermediary Care Clinic And Lubbock Public Health

Greetings, LBK Community Partners and Friends!

Welcome to May, a time of resurgence and flourishing of all organisms held dormant under winter's grasp. May is a time of expansion and trying new things, and we here at the Health Department are taking that sentiment in stride. I know many of you have been curious about the Intermediary Care Clinic's (ICC) progression since Katherine's presentation at the Year In Review. Well, I am happy to report that there have been significant developments regarding the ICC and the Public Health Department since January, and I would like to be the first

person to share the good news with you, as LBK Community will play a major role in the ICC. So, without further ado, allow me to present the most current developments below.

What is an Intermediary Care Clinic?

For those unaware, the Public Health Department is piloting the ICC for one year. **Katherine Wells** describes the ICC as "a human-centered medical clinic for vulnerable patients without access to a primary care provider. This clinic will serve as a "Stop-Gap" for patients with critical medical and social needs that prevent them from receiving care in a traditional primary care setting. The clinic's goal is to serve as a soft landing for individuals with complex needs that put them at risk for hospital readmission, loss of housing, or falling further into poverty."

Objectives of the ICC and Staff

Physicians, Nurses, and Community Health Workers (CHWs) collaborate to manage patients' medical and social needs for a maximum of 90 days, facilitating their transition to primary care. **The ICC will start accepting clients on July 1st.**

Physician

- Assess the client's medical needs
- Establish medical care goals
- Provide medication reconciliation and intensive outpatient care

Nurse

- Communicate patient medical concerns to the provider
- Ensure medical orders are fulfilled
- Develop a clinical schedule
- Support the CHW

CHW

- Primary contact with clients
- Complete transition tasks
- Advocate for clients
- Serve as a liaison between clients, the medical team, and community resources

ICC Developments

- ⇒ New medical director! **Dr. Felberg**, the Attending Physician at Texas Tech University Health and Science Center, has been appointed Deputy Director of the Public Health Department and Medical Director of the ICC.
- ⇒ A fellow has been hired! In November, I shared that the Public Health Department had partnered with the Department of Family Medicine at Texas Tech School of Medicine to establish the Advanced Hospital Medicine and Public Health Fellowship. **Dr. Garcia**, a physician from EL Paso, has been offered and accepted the fellowship position. Dr. Garcia will be working part-time at ICC and UMC starting July 1st.
- ⇒ The ICC is collaborating with **Citibus** and **Spartan Transportation** to provide transportation services for clients in both urban and rural areas who lack transportation.
- ⇒ During the initial stages of the ICC pilot, two of our public health nurses, **Erin Rothen** and **Michelle Wagner** and myself (**Ariea Alexander**), will act as CHWs to develop the workflow for future CHW staff.
- ⇒ We are developing a 'warm handoff' protocol with **UMC's social work department** and ICC CHWs. **During the pilot phase, the ICC will only accept referrals from UMC.**

LBK Community and The ICC

At ICC, CHWs will utilize the LBK Community platform to assist clients with their health-related social needs, including but not limited to food, housing, and transportation. If your organization is on the LBK Community platform and has been inactive, I urge you to familiarize yourself with the platform so that we can make necessary referrals. I also humbly ask that LBK Community partners start advocating joining and using the LBK Community Network to other agencies not on the platform to ensure that we have a more inclusive network that is beneficial to everyone! I can advocate for LBK Community by myself all day long, but my efforts mean nothing if I don't have the backing of my **partners**. I need you!

Public Health Department Developments

- ⇒ The Public Health Department inaugurated an **HIV clinic** on April 12, 2024. The clinic, led by Dr. Felberg, will function as a primary point of contact for individuals who have recently been diagnosed with HIV or have not been receiving adequate care. The HIV clinic offers pre-exposure prophylaxis (PrEp) and enrollment services for **Project CHAMPS** with the assistance of an onsite case manager. Please note that the HIV clinic is available one day a week until further notice; please have clients call **(806) 775-2933** for HIV clinic dates and times.
- ⇒ The Health Department plans to open a clinic for Hepatitis C patients in the near future. I'll keep you updated. **Please note that the HIV and Hep C clinics are separate from the ICC.**
- ⇒ The health department staff is set to move to our new building by the end of May. Yay!

And there you have it, you now know everything I know. If you have any questions about the information I shared, please feel free to contact me. Thank you for taking the time to read my update, and please keep an eye out for any future developments.

Sincerely,

~Ariea Alexander, Public Health Program Liaison

LBK Community Future Directions

LBK Community has faced both successes and challenges since its inception. Although our platform had a slow start, we continue to move forward. I understand that initiatives of this caliber take time to gain traction. However, as we onboard more agencies, I know LBK Community will continue to grow and become more successful.

When I took over this position, I realized that continuing with the same approach and expecting different results is not productive. Therefore, I decided to adopt a different approach and create programs and events focused on community education and engagement. I believe that expanding the LBK Community brand and interacting with the community will establish us as a reputable network and motivate other agencies to join us in our mission. Below, you will find a list of changes and events that are currently taking place in LBK Community.

- ⇒ The **LBK Community Walk** in September. The kick-off is September 1st, and the Celebratory Walk is September 28th.
- ⇒ There will be NO **LBK Community Anniversary Celebration** or **Year In Review Ceremony** for 2024. In lieu of these events, we will have a two-hour event in September that I think you are all going to like. Keep an eye out for more details.
- ⇒ I am also planning a conference focused on teenagers for either 2025 or 2026. (Tentative project)

Thank you so much for your continued support and collaboration as we strive to make a difference in our community. It's an honor to be part of a network that is willing to try new things and adapt to changing circumstances. I am so proud of the work we are doing and I know it is going to pay off soon! Thank you again for your time and attention, and I'll be sure to keep you updated on the events listed above.

~ Ariea Alexander

New Partner Spotlight



Catholic Charities: Kinship Navigation Program

We recruit and enroll families who are caring for children whose parents are unable to raise them. We serve 7 counties including Lubbock: Bailey, Crosby, Hale, Hockley, Lynn, and Terry. Once enrolled, our kinship caregivers can receive electric, gas, water, and rent payment assistance, as well as access to our food pantry and hygiene closet. The Kinship program also hosts caregiver support groups once a month in Lubbock, Bailey, Hale, Crosby and Lynn. We are currently working to establish support groups in Hockley and Terry. Not only do we support our caregivers but the children too. Each month we host a Kinship Youth Support Group in Lubbock. We are working to take this model to our rural communities as well. If you work with parents who are raising grandchildren, nieces/nephews, or even siblings, and they need extra support financially or with other basic needs, they are perfect candidates for our Kinship program.

How to make a referral: Because our enrollment numbers are growing, we want to ensure we track and support your families well. With this in mind, we ask that you please direct your caregivers to our website to fill out the intake form: <https://cclubbock.org/programs/forms/kinship-intake-form/?slug=kinship-navigation-program>

Community Engagements

Join Us
 Celebrating the 11th Anniversary of the Lubbock County Library
 A Program By Los Hermanos Familia
 Register
11th CINCO DE MAYO PARADE
SATURDAY - MAY 4, 2024
 LINE UP AT 9 AM | BEGINS AT 10 AM
 ROUTE DOWN HISTORIC BROADWAY & AVE U TO LUBBOCK MEMORIAL CIVIC CENTER
 www.loshermanosfamilia.org/cinco-de-mayo-parade

Free VETERANS PLANNING SEMINAR

COMBEST
 FAMILY FUNERAL HOMES
 2210 Broadway St
 Lubbock, TX 79401
 806.749.4483
 www.combestfamilyfuneralhomes.com

Tuesday
May 21, 2024
6:00 p.m.

Venue on Broadway
 2202 Broadway St
 Lubbock, TX 79401
 RSVP: 806.749.4483

Stay after the workshop and visit with our speakers, enter a door prize drawing, and receive a FREE information packet to take home!

Featuring Local Experts

VETERANS' BURIAL BENEFITS
 Norman Bearden, US Navy (Ret), West Texas State Veterans Cemetery, will explain the burial benefits available to veterans and their families. Hundreds of thousands, if not millions, of dollars in benefits go unclaimed each year. Learn how you can ensure that your family receives the benefits they are entitled to.

ADVANCE FUNERAL PLANNING
 Michael Robinson, Preplanning Specialist, will explore the question of how advance funeral planning can help protect our loved ones. How can you give them peace of mind on one of the hardest days of their lives?

United Way
 Lubbock Area United Way

SAVE THESE DATES IN 2024

ANNUAL CAMPAIGN KICKOFF August 27 11:30 AM - 1:00 PM Lubbock Memorial Civic Center	IMPACT LUNCHEON October 17 11:30 AM - 1:00 PM Lubbock Memorial Civic Center	CAMPAIGN CELEBRATION December 3 11:30 - 1:00 PM Lubbock Memorial Civic Center
LIVE UNITED GOLF TOURNAMENT September 16 Morning & Afternoon Flights Hillcrest Golf & Country Club	UNITED WE READ October 24 10:00 AM Lubbock County Schools	ANNUAL MEETING & VOLUNTEER RECOGNITION January 30, 2025 11:30 - 1:00 PM Lubbock Memorial Civic Center

Lubbock
 PARKS AND RECREATION

SAFETY CITY PRESENTS:
BIKE RODEO
SATURDAY, MAY 18, 2024
 11:00 AM - 1:00 PM
 4500 Avenue U, Lubbock, TX 79412

★ BIKE SAFETY ★ FAMILY FUN ★ VENDORS ★

SAFETY CITY

Enjoy a fun and FREE day filled with bike safety learning, engaging vendors, and exciting obstacles for all ages. Join us in promoting bike safety and building a stronger, safer community. Don't miss out on this special event!

HOUSING AUTHORITY OF THE CITY OF LUBBOCK ANNOUNCES

Public Hearing

We are accepting comments on the 2024 Annual Plan and CFP Annual and 5-Year plans From April 15 until May 29, 2024, until after the public hearing.

Public Hearing May 29, 2024, at 5:00pm

Address: 1708 Crickets Ave. Lubbock, TX 79401

RE: Annual Agency Plan Submission and the Capital Fund Program Five-Year Action Plan

The purpose of this posting is to obtain input from the city residents in reference to the Annual Agency Plan Submission and the Capital Fund Program Five-Year Action Plan being submitted to the U.S. Department of Housing and Urban Development for fiscal year beginning October 1, 2024. Total funds being allocated for the year period are estimated to be up to \$10,123,131 for Operating Funds and \$1,124,017 annually for Capital Funds for a 5-year total of \$5,620,085 for Capital funds. The Annual Plan includes proposed changes to the Admissions and Continued Occupancy Policy (ACOP) and the Section 8 Administrative Plan. Those changes are outlined in the Plan. There will be a Public Hearing on May 29, 2024, at 5 pm at the main office 1708 Crickets Ave. All residents and other interested parties are encouraged to attend and submit comments in writing by letter or email. The Plan and policy changes will be available for review until May 29, 2024, during regular business hours prior to the public hearing at the addresses below, or online at www.lubbockha.org. Persons can also submit written comments prior to the public hearing to:

Lubbock Housing Authority Central Office 1708 Crickets Avenue Lubbock, TX 79401	36 South Office 1318 52 nd C Lubbock, TX 79412
Cherry Point Office 3329 E. 13 th Lubbock, TX 79403	Mary Myers Office 5421 Utica Lubbock, TX 79413
Behner Place Office 4215 36 th Lubbock, TX 79413	Lubbock Housing Authority website: lubbockha.org

Email comments may be sent to todd@lubbockha.org

For further information or if a reasonable accommodation is needed, please call Mike Chapman, Executive Director at (806)776-2300.

VA U.S. Department of Veterans Affairs
 Veterans Health Administration
 Amadio VA Health Care System

Lubbock VA Clinic Presents

WELCOME HOME

2nd Annual Veterans Event
 Saturday, May 4, 2024
 11 a.m. to 2 p.m.
 Lubbock Memorial Civic Center Exhibit Hall
 1501 Mac Davis Ln, Lubbock, TX 79401

- Delicious food
- Family Fun
- Music
- Activities
- Door Prizes
- Resources
- And more!

Happy Mothers Day!

May 12, 2024
 Yay, Moms!

YOU ARE THE BEST MOM EVER!

MOTHERS DAY

Brunch

Lubbock Impact 2707 34th Street

SATURDAY MAY 11TH AT 10:30AM

\$30 Each
\$10 Additional Child (15yrs Under)

Tickets can be purchase with link or QR code Below
<https://live.givebutler.com/c/dv8mfw>

Awards Presented to Nominated Mothers

Great food, great music, great encouragement

All Proceeds will Go Toward Brittany and Devins Angels Nonprofit

Brittany & Devins Angels

COME CELEBRATE

Lemonade Day

Multiple Lemonade Vendors | Bring Seeds & Plants to Swap | Lubbock Master Gardeners Available To Answer Questions

Lemonade

LUBBOCK MEMORIAL ARBORETUM
 4111 UNIVERSITY AVENUE
SATURDAY, MAY 4TH
 9AM-12PM

Have You Heard of 988?

What is 988?

Individuals who are struggling with mental health issues often end up being incarcerated or involuntarily detained in psychiatric wards instead of receiving the proper assistance. In the United States, a new universal emergency number, 988, has been established to help individuals in a mental health crisis, similar to how 911 is used for other emergencies.

Who can call 988?

Anyone experiencing mental distress can contact the lifeline for support, regardless of suicide risk.

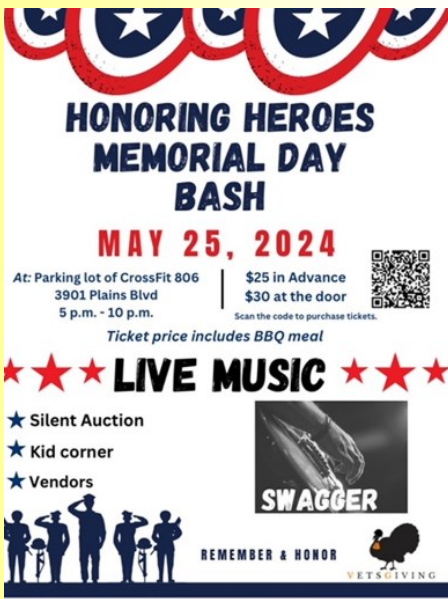
What Happens when someone calls 988?

The caller will be connected to trained counselors who are part of the National Suicide Prevention Lifeline network. The counselors will listen, support, and connect callers to additional mental health resources.

How Can I Advocate for 988?

Talk about it! Share this number with family, friends, and clients. Spread the word. Save a life!

Save The Date



**HONORING HEROES
MEMORIAL DAY
BASH**

MAY 25, 2024

At: Parking lot of CrossFit 806
3901 Plains Blvd
5 p.m. - 10 p.m.

\$25 in Advance
\$30 at the door

Scan the code to purchase tickets.

Ticket price includes BBQ meal

LIVE MUSIC

- ★ Silent Auction
- ★ Kid corner
- ★ Vendors

SWAGGER

REMEMBER & HONOR

VETSIVING

LBK Community Networking Session

Agency: Stages of Recovery

Where: 4413 71st St Suite G-101

Date/ Time: June 13th @ 11:45am—1:00pm

RSVP to Ariea Alexander,
Arieaalexander@mylubbock.us

RSVP Cut-off Date: June 6th

Lunch will be served

Congratulations, Sarah!



The Veterans of Foreign Wars (VFW) organization has elected **Sarah Weede**, our Public Health Preparedness Liaison and Air Force Veteran, as their first-ever female Commander. This is a significant achievement, as she is also the youngest Commander to lead the VFW. Sarah will make **HISTORY** when she is sworn in sometime this month. Please help me congratulate her on this amazing accomplishment. Her email is below.

SWeede@mylubbock.us

Thank you for your service, Sarah!!!

Job and Volunteer Opportunities



WANTED

**VOLUNTEER
LITTLE
LIBRARIAN**

TO RESTOCK & HELP MAINTAIN ONE OF OUR LITTLE LIBRARIES.

We provide the books, you provide your volunteer time and the community benefits! Youth are encouraged to volunteer!

Contact Christy at (806)792-1212, or email loshermanosfamilia@gmail.com

Los Hermanos Familia

Texas Ramp Project

Texas Ramp Project is looking for volunteers to help build free wheelchair ramps in our region. We have some upcoming builds on our Facebook page and post all our build on: Lubbock Texas Ramp Project. We have over 70 requests in our region and need more volunteers to be able to serve our community. For more information, contact **Sara Schaefer** at 806-319-0259 or sarajolynne@gmail.com

StarCare

TAKE THE LEAP AND APPLY TO BE A DIFFERENCE-MAKER TODAY!

StarCare Specialty Health System offers great benefits, flexible work schedules, and an environment where hope and health work hand in hand. Visit STARCARECAREERS.ORG to see job listings.

CASA of the South Plains

CASA is Hiring a Volunteer Recruitment Specialist!! This fulfilling career opportunity is one that directly impacts the lives of children in foster care! Interested applicants should email a resume and cover letter to apply@casaoftthesouthplains.org with "Recruitment Specialist" in the subject line.